

The Diseworth Dialogue



JUNE 2009

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in Diseworth

<http://www.diseworth.org>

50p

The Diseworth Dialogue

COMMITTEE

Chairman	Jim Sneec	812345
Vice Chair	Liz Jarrom	810358
Editor	Peggy Tudor	810780
Assistant Editor	Sue Brompton	850592
Editorial Team	Denise Blenkinsopp Nicky Miller	
Treasurer	Christine Agar	850181
Advertising	Victoria Britton	
Production	Ruth Smith	
Minutes Secretary	Nicky Miller	
Founding Editor	Carly Sneec	

Committee Members

Sue Bird, Jan Firth, Linda Gaymer,
Nikki Hening, Sandie Moores,
Julie Werb

Delivery Team

Leader Linda Gaymer 812246
Sue Bird, Norma Chapman, Nancy
Cowley, Julie Doyle, Rosalyn Edwards,
Jan Firth, Sue Hill, Jayne Moore,
Sandie Moores, Pauline Needham,
Rosie Smith, Julie Werb

*Details of our committee meetings can be found in the diary section of the magazine.
We extend an open invitation to members of the village to come to our meetings.*

CONTRIBUTIONS

Please let us have your items for publication (this includes advertising) by the 7th of the month for the following month's issue. Remember that we produce 2 double issues (July/August and December/January). **All contributions will be considered for publication.** They can be delivered to any committee member or emailed to **peggy.tudor@btinternet.com** and/or to **ruth@airnig.co.uk** and to **sue@cbrompton.fsnet.co.uk** or via our village web site at **http://www.diseworth.org**

Contributions for our dispatches page are most welcome. Share your news with the village - birthdays, weddings, anniversaries, congratulations etc. When contributing, please **include your name.** We do need your name, but we won't publish it if that's your wish. If you're a child, our readers appreciate seeing your age too!

Designed & produced by Ruth
Smith, Telephone 01332 811538
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Telephone 0800 068 4666

ADVERTISING

Advertisements in our Yellow Pages can be placed yearly or monthly according to your needs. Please contact **Victoria Britton, 01332 850184** for details.

DISCLAIMER

Any views or opinions expressed within the pages of the *Diseworth Dialogue* are not necessarily those of the Editorial Team or Committee. All advertisements are accepted in good faith.

OUR PRICING POLICY

We aim to be able to deliver one copy of the *Diseworth Dialogue* to each household in Diseworth. Our objective is to fund production through advertising, fund raising and voluntary contributions. We aim to deliver a quality publication which enriches village life and encourages such voluntary contributions, these we invite annually. Additional copies are available for purchase at 50p. If you know somebody living outside the village who would like to have a copy mailed on a subscription basis, please let us know. Mail subscription is £10 per year, including postage.

Contents



Regulars

Church News	6/13
Country Matters	16/17
Directory of Useful Numbers	43
Diseworth Diary	4
Dispatches	32/33
Editor's Letter	5
Health Page	36
Heritage Centre	37
Letters to the Editor	24/31
Millennium Meadow	32
Music News	26
Parish Council	30/31
Retired Residents	25
School News	20/21
Village Hall News	27
Village Contact Numbers	44
Women's Group	34/35

Features

Age Concern Information	15
Annual Flower Show	22/23
Blithe Spirit Review	18/19
Diseworth Destroyer	40/42
Dormouse Project	17
Obituary - Professor McGowan	14
Poem - Forgetter be Forgotten	28
The Weatherman	29

Notices & Ads

J24	15
Long Whatton Flower Show	38/39
Scarecrow Festival and Open Gardens	13
School Fete	21
Sunflower Competition	23

DISEWORTH DIARY

JUNE

Monday	1 st	Womens Discussion Group “How to lift a bad mood”. Venue Isley Farm, Ladygate. 2pm
Wednesday	3 rd	General Knowledge Quiz The Plough 9pm
Monday	8 th	Women’s Group, Summer Walk, see report
Tuesday	9 th	Bookworms: “Remember Me” by Sophie Kinsella. Venue Isley Farm, Ladygate 2pm
Saturday	13 th	Scarecrow Festival and Open Gardens
Sunday	14 th	Scarecrow Festival and Open Gardens
Wednesday	17 th	Music Quiz The Plough 9pm

JULY

Monday	6 th	Womens Discussion Group “An Apple a Day?” Venue 20 Clements Gate. 2pm.
Monday	6 th	Women’s Group, Programme Meeting
Tuesday	14 th	Bookworms DVD – t.b.a.

AUGUST

Monday	3 rd	Womens Discussion Group “Modern Mothering” Venue 7a Lady Gate. 2pm
Monday	8 th	Women’s Group, Summer BBQ
Saturday	15 th	Summer Puddings with sparkling wine 7.30pm in church. Tickets £10

SEPTEMBER

Friday	4 th	Sunflower Measuring. 2pm onwards
Saturday	12 th	Diseworth Open Flower Show
Saturday	26 th	Diseworth’s very own Antiques Roadshow with Charles Hanson from Hanson Auctioneers and of ‘Bargain Hunt’ fame. Bring your treasures to be valued. 10am – 1pm in church

OCTOBER

Friday	9 th	Harvest Supper in the Village Hall. 7.30pm
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Castle Donington Farmers’ Market

2nd Saturday of every month
from 9am.

St Edwards C of E
Primary School,
The Dovecote,
Castle Donington



View *The Diseworth Dialogue*
online at

[http://www.diseworth.org/
dialogue.htm](http://www.diseworth.org/dialogue.htm)



Back issues are available
on line here too

Welcome to the June issue of the Diseworth Dialogue



Firstly, may I thank all who supported the church by coming to the recital at the end of April. The concert raised £175 which is wonderful. So THANK YOU.

It's that time of year again when we can all rummage round in the dressing up box to find clothes for our scarecrows. Last year, as you probably know, Shakespeare Close got together to create a united theme for their scarecrows - namely Nursery Rhymes. If anybody is planning to do the same this year, please let the organisers of the Scarecrow Festival know. Let's hope we have some sunshine this year.

Thank you to the children of Diseworth school for their lovely contributions this month. I look forward to receiving more in the future, whether they be poems, pictures or short stories. All are very welcome.

I have just come back from another wonderful production courtesy of The Charnwood Community Theatre. 'Blithe Spirit' is a very funny play, but with only a handful of characters, every actor had their work cut out for them with complex scripts and timing being of the essence. They all performed brilliantly and Saturday's show sold out! You will find a review of the play in this month's magazine. I believe the Community Theatre's next production is Cinderella, in January 2010, so put a note in your diary!

Other items of interest in this issue include a piece on the humble Dormouse, urging us to go in search for it, a report about the recent Retired Residents' Spring lunch and an update on The Diseworth Destroyer's career which seems to be going from strength to strength.

Finally, you will also read Martin Hening's resignation from the Parish Council. Over the years, Martin has been a true asset to this community and has achieved so many great things. I personally would like to thank him for all he has done and wish him the very best for the future.

I look forward to seeing you round and about during The Scarecrow Festival, I'm off to rummage for my scarecrow's costume! I wonder if my husband will miss that dinner jacket and cummerbund.....

St Michael and All Angels Parish Church



photograph Julia Sillitoe

Dear all,

The other week I was honoured enough to be invited to share in the staffing of a Cursillo weekend as a Spiritual Advisor. Since then a number of you have asked “What is Cursillo?” so I thought I’d fill you all in...!

What IS Cursillo?

Cursillo is a method of supporting and encouraging our lives as Christians. Cursillo (pronounced “kur-see-yo”) is a Spanish word meaning “short course.” Cursillo in any diocese begin and continue with the blessing of the diocesan Bishop.

What does Cursillo offer?

An opportunity to grow in faith. A chance to experience the love and grace of God and the joy of Christian fellowship. A way of building a continuing Christian community to help one another on our spiritual journey. It embraces the insights and good teachings of all the traditions in the Anglican Church. It is a movement within the church and not outside it, so it works together with groups and organisations in a parish.

Who is it for?

People just like you - laity and clergy - anyone who is: curious, searching, discovering, growing, wanting to be glad and confident in their faith.

What is a Cursillo Weekend?

This is the first three days: It begins on a Thursday evening and ends the following Sunday afternoon. During these three days, those attending live and work together, listening to talks given by different people, both lay and ordained. The talks lead to lively discussion in small groups. Learning, praying, sharing, singing, laughing and living together is the basis for discovering what it means to say, “We are the body of Christ.”

What is expected of me?

St Michael and All Angels Parish Church

TEAM RECTOR

Revd. Gill Turner-Callis The Rectory, 24 Nottingham Road,
Kegworth, Derby, DE74 2FH. 01509 673146
e-mail gill@thets.demon.co.uk

TEAM VICAR

Revd. Alison Prince The Rectory, Presents Lane, Belton,
Leicestershire, LE12 9UN 01530 223447
email: alisonprince@btinternet.com

READERS

Mrs Celia Harris 01509 844141
Mrs Nadine Hawkins 01509 646957
Mrs Audrey Hunt 01509 646478

CHURCHWARDEN

Mr David Bird 01332 810381

ASSISTANT WARDEN

Mrs Muriel Howe 01332 850338

Please note that Gill takes Monday as her day off and Alison takes Friday as her day off.

For **Baptism** enquires, please contact Gill or Alison. Baptisms in the benefice occur on the first Sunday of the month in most of the churches on a first come first served basis.

For **Funerals**, please contact Gill. The local undertakers have now been asked to contact Gill direct. Gill will then make arrangements for a member of the team to take the funeral.

For **Wedding** enquiries and bookings, please contact Alison. Gill and Alison will then share the weddings in all 6 churches.

There is no specific response expected of you. Just be open to what happens. Simply take a fresh look at what the Church has always taught - Good News - the miraculous and joyous discovery of Christ's endless love.

Is that really all?

Yes! There are no tricks, no gimmicks, no hidden mysteries only revealed to the initiated. If there are any surprises, that's only because the Christian life is full of surprises. You aren't expected to know or do more, just reflect on being more!

And then...?

The weekend is not an end in itself but very much a beginning. Its purpose is to lead us into "The Fourth Day." The Fourth Day is where we continue our journey together, and is the most important part of Cursillo. We support and encourage one another as we seek to live and work to Gods praise and glory.

Gill

St Michael and All Angels Parish Church

Services & Locations for June 2009

	Time	Service	Location
June 4 th	9.00am	School Assembly	Diseworth
June 7 th	8.00am	BCP Holy Communion	Hathern & Kegworth
	9.00am	CW Holy Communion (said)	Belton
	10.30am	Family Service	Diseworth , Hathern & Kegworth
	6.15pm	All Age Worship CW Morning Prayer Bell Ringers' Service BCP Evensong	Long Whatton Osgathorpe Diseworth Belton & Kegworth
June 14 th	8.00am	BCP Holy Communion	Belton & Kegworth
	9.00am	BCP Holy Communion	Osgathorpe
	10.30am	CW Holy Communion	Kegworth, Hathern & L. Whatton
	6.15pm	Songs of Praise United Choral Evensong	Diseworth Kegworth
June 21 st	8.00am	BCP Holy Communion	Kegworth
	9.00am	CW Holy Communion	Diseworth
	10.30am	CW Holy Communion Family Service	Belton & L. Whatton Kegworth
	6.15pm	BCP Holy Communion BCP Evensong	Hathern Kegworth & Belton
June 24 th	7.30pm	Benefice Praise Evening	Hathern
June 28 th	8.00am	BCP Holy Communion	Diseworth & Kegworth
	9.00am	CW Holy Communion	Osgathorpe
	10.30am	CW Holy Communion	Hathern & Kegworth
	6.15pm	BCP Evensong	Belton, Hathern & Kegworth

St Michael and All Angels Parish Church

Lessons and Readers for June 2009

		Time	Reader	Sidesman
June 7 th Trinity Sunday	1st Reading: Isaiah 6.1-8 2nd Reading: Romans 8.12-17 Gospel: John 3.1-17	10.30am 6.15pm		
June 14 th 1 st after Trinity	1st Reading: Ezekiel 17.22-24 2 nd Reading: 2 Corinthians 5.6-10, 14-17 Gospel: Mark 4.26-34	6.15pm		
June 21 st Trinity 2	1st Reading: Job 38.1-11 2nd Reading: 2 Corinthians 6.1-11 Gospel: Mark 4.35-41	9.00am	D Blenkinsopp R Ward M Howe	G Stone
June 28 th Trinity 3	1 st Reading: Lamentations 3.23-33 2 nd Reading: 2 Corinthians 8.7-15 Gospel: Mark 5.21-43	8.00am	D Griffin S Brompton	T Griffin

If you are unable to read on the date shown please arrange for someone else to do so.

Church Flowers and Brasses



	Flowers	Brasses
June 7 th /14 th	Mrs R Smith	Mrs S Moores
June 21 st /28 th	Mrs S Bird	Mrs M Linthwaite

News from the Pews

Other Benefice Services, Meetings and Social Events in June 2009

June 2 nd	Tuesday	Kegworth House Group 7.30pm
June 3 rd	Wednesday	Hathern House Group 7.30pm
June 6 th	Saturday	Hathern Church Coffee Morning 10am-12noon
June 7 th	Sunday	Hathern Church Music Café 6.00pm-8pm
June 11th	Thursday	Diseworth PCC in church. 7.30pm
June 13th/14th	Sat & Sun	Diseworth Scarecrow Festival & Open Gardens 11am-5pm
June 13 th	Saturday	Kegworth Church Coffee Morning 10am -12 noon
June 15 th	Monday	Deanery Synod Meeting, Emmanuel, Loughborough
June 20 th	Saturday	Long Whatton Coffee Morning, Friendship Centre
June 22 nd	Monday	Benefice Bible Study, 33 Green Hill, Hathern 7.30pm
June 24 th	Wednesday	Benefice Praise Evening, Hathern Church 7.30pm
June 27th	Saturday	Diseworth Church Coffee Morning 10am - 12 noon
June 28 th	Sunday	Belton Church Teddy Bear's Picnic & Service

Diseworth Church - Future Dates



Saturday, 15th August
Summer Puddings with sparkling wine
7.30pm in church. Tickets £10

Saturday, 26th September
10am-1pm in church.
Diseworth's very own Antiques Roadshow
with Charles Hanson from Hanson Auctioneers and of
'Bargain Hunt' fame. Bring your treasures to be
valued.

Friday, 9th October. 7.30pm
Harvest Supper
in the Village Hall.



News from the Pews

Cello and Piano Recital



We would like to express our thanks to Peggy Tudor and Rachel Canny for performing a superb Cello and Piano

Recital for us in church on 25th April. It was a wonderful evening and as well as being most enjoyable raised £175 for church funds.

Scarecrow Festival and Open Gardens

Saturday, 13th June and
Sunday, 14th June 2009

If any area of the village is planning a display of scarecrows, as in Shakespear Close last year, please let us know so it can be marked on the visitor's map. Please contact David Bird on 01332-810381 or any PCC member

Scarecrow Workshop

There will be a workshop in the church on Saturday, 6th June from 10am for children to come with their parents to make a scarecrow. Letters will be circulated through the school - all children are invited **but must be accompanied by a responsible adult**. Please bring along some suitable clothing to dress your scarecrow!

Book Stall - Diseworth Church

The book stall/lending library in Diseworth Church, which can be accessed during the monthly Coffee

Mornings on the fourth Saturday of each month, was a great success at the May coffee morning.

Books are available for 50p each, and can either be kept by the

purchaser or returned to church for someone else to read.

We are proposing to have all the books available during the Scarecrow Weekend, but need further stocks of good quality books, both for adults and children. We would be very grateful for donations. Please leave them in church or contact a member of the PCC for collection.



Diseworth Working Weekend

Following another very successful Ploughing Match at Woodhouse Farm, Diseworth, home of Geoff and Chris Bonser, last September, a cheque for £400 was presented to Pat Cotton on behalf of Diseworth Church in April. Together with the £600 we made from serving tea and cakes, this brings a total of £1000 to go to the church toilet fund.

In addition, donations have been made to the Air Ambulance (£4200), Macmillan Cancer Support (£750) and Derby Hospital Charitable Trust (£350).

This year's Ploughing Match will be held on Sunday, 13th

September on a different site, a little further along the road on the Langley Estate.



Catholic Church of the Risen Lord.

Hillside, Castle Donington

Mass every Sunday 9am



Kegworth Methodist Church

High St. Kegworth



Sunday Services

Morning Worship - 10.30am

Praise Worship – 6.15pm (First Sunday each month)

Minister – Rev. Manville Wiles. Tel. No. 01509 672479



Kegworth Baptist Church

High St. Kegworth



Sunday Services

Morning Worship & Sunday School – 10.30am

Evening Worship – 6.15pm (2nd Sunday each month)

Lead Deacon: Paul Phillips 01509-551464

Scarecrow Festival and Open Gardens



Saturday, 13th June and
Sunday, 14th June 2009

11am – 5pm each day
Admission tickets £2
per adult available from the church

*There will be floral displays in the
church with the theme
“Colours of the Rainbow”*

Raffle ~ Tombola ~ Home-made Cakes ~ Books

*Refreshments, Ploughman’s Lunches and
Teas served in church*

*Refreshments and Cream Teas served
at 47 The Woodcroft*

If anyone would like to open their garden for this event,
please contact David Bird on 01332-810381 or
any PCC member **by 5th June**

We also hope that everyone will support the Scarecrow Festival by
displaying a scarecrow outside their house!

Songs of Praise ~ Sunday, 14th June ~ 6.15pm

Professor Mike McGowan 21.10.37 - 26.03.09



Professor Mike McGowan was born on the 21st October 1937. He came to live in Diseworth in 1974 and lived there until 2001, when he and his wife moved to Norfolk. Mike lived in 'The Woodcroft', with his wife Moira and his sons, Jason and Fraser.

Mike loved living in the village and particularly liked the fact that it was a farming community; it reminded him of the happy times he had spent working on a farm in Hampshire as a young boy. He and his family had many very happy times in Diseworth. An especially fond memory is that of going to the village Post Office, which was

run by Hilda Howe at the time. Mike also enjoyed tending his allotment. Mike and his family made lots of friends in the village, with whom they maintained contact.

When Mike first moved to the village, he went for a walk round the village every evening, accompanied by Jason, Fraser in his wheelchair, and their lovely sheepdog, Shep.

Professor Mike McGowan worked at the Sutton Bonington campus of Nottingham University, which was easy to get to from Diseworth and Mike enjoyed the drive. He was a professor of agricultural engineering and a soil scientist. He had a distinguished career, which included periods of work overseas, namely in Canada, the USA and more recently, in Zimbabwe. He was made 'Chair of Soil Science' at Zimbabwe University.

Mike sadly passed away on 26th March 2009, after a long illness. He will be very sadly missed by his family, friends and everyone else who knew him. We extend our sincere sympathy to his family. His wife, Moira, would like to thank all those villagers who sent cards, which were much appreciated.

On a more personal note, Mike was our next door neighbour for a number of years. He was a very good neighbour and we became great friends. We have many lovely memories of fun times together; there was always lots of laughter!

Teresa Walker

Age Concern continue to help Blue Badge holders over 65

Age Concern Leicestershire & Rutland have joined forces with Leicestershire County Council Benefit Take-up Team to try and encourage more people over 65 who have a blue disabled badge, to ask about money which may go with the badge. Many people are still believed to be missing out on this money which is called Attendance Allowance.

This award is not means tested; no one is interested in your savings and it will not reduce any other benefit that may be in payment and in some cases may mean you get more. It is awarded to those people who need frequent attention throughout the day in connection with bodily functions or continual supervision to avoid danger. Bodily functions are things such as: moving around, eating, getting washed and dressed, going to the toilet, seeing or hearing difficulties.

Ring Age Concern on 0116-299-2233 between 1.30pm – 4pm Monday to Friday

You will be able to talk to trained advisors who can make arrangements for a home visit to complete paperwork for you. It really is that easy. Although some people may not qualify for this extra payment, over 250 people have already been helped to claim this money for the first time. It is either paid at £44.85 or £67 per week.

Receive @
Junction 24



Whitehouse Hotel, Kegworth
Ashby Suite

Every Thursday at 7-30 pm
Starting on June 4th

led by
Roy & Lydia Todd

A time of Worship - Teaching
and Prayers for Healing



THE HEDGEROWS ARE ALIVE

Farmers still receive some bad press over declining flora and fauna populations in the countryside, but things have improved immensely over the last 30 years. All farmers now have to leave 2 metre strips of land next to water courses and hedges, keeping them free from cultivation, fertilizers and chemical treatments. In addition to this, many farmers are also signing up to environmental schemes, which pay them a little extra money to leave wider strips, plant trees and bird cover.

Diseworth is rich in hedgerows and trees, so even before these new measures came in, it has always been my experience to see plenty of birds, animals and hedgerow plants when I walk in the fields. In the last few years though, I have started to see and hear, a better diversity of wildlife. Last year the buzzards raised one chick in an untidy nest in a willow tree in the home field. The youngster seemed to be in the nest for weeks. I have seen a buzzard circling round the tree this spring, but no sign of any offspring yet. A bird I am hearing more of this year is the chiffchaff. This small buff coloured bird with a lemon chest is a summer visitor that can be identified by its song, a repetitive “chiff chaff”. They feed on insects and build a dome-shaped nest

low in a bush, in which four to six pale spotted eggs are laid in April or May. I have been hearing them from March this year, which is quite early. I had the privilege of seeing one of our shyest and smallest resident birds, the goldcrest; in fact I was lucky enough to see two! They were moving swiftly along a hedge in the home field late on a winter’s afternoon. I approached them slowly and got so close I could see them very clearly, hopping along the bare branches of the hedge, whistling shrilly, their yellow crests flashing in the late afternoon sun.

Now that spring has truly sprung, the wildflowers are starting to appear. Celandines and daisies bloom in abundance and the dog roses will soon be in flower.

This ancestor of our beautiful garden roses has somehow earned this name from a Greek myth that its roots could be used to cure a man if he was bitten by a mad dog. The 16th century herbalist Gerard



said that this early rose was “most principled amongst flowers” but suggested that the prefix “dog” was a suggestion of no worth, a sad reflection of a beautiful hedgerow flower.

My most exciting find this year was on a bright morning. I spotted a delightful little flower in the farthest corner of the field. A single stem crowned on top with four dainty pale mauve flowers. I suspected it was a

lady’s smock, and sure enough, when I looked it up, it was. Another name for it is cuckoo flower as it blooms when the cuckoo arrives. Since then I have seen seven more so the hedgerows are alive with all kinds of plant life and they in turn support the insects, birds and animals.

Soon the butterflies will be on the wing and then we shall know that summer has finally arrived.

Help Needed to Find Region’s Rarest Creature

Conservationists in Leicestershire & Rutland have launched an appeal for help in a major survey to find out if one of Britain’s rarest animals still exists in the two counties. The **Hazel Dormouse** has not been sighted in Leicestershire since the 1970’s and in Rutland since the 1990’s. A partnership between Leicestershire County Council, Leicester City Council and the Rutland Wildlife Trust aims to mobilise volunteers to help with the survey.

Barry Ingram of the Dormouse Project said: “We need villagers, farmers, landowners, walkers and anyone who enjoys the great outdoors, to report or relate any sightings of dormice they may have had, past or present. Has your cat brought one in? E-mail us a photo if you have one.”

Mike Jeeves, head of conservation at the Leicestershire & Rutland Wildlife Trust said: “Several dormouse records came from the Trust nature reserves in the latter part of the 20th century. It’s not beyond the realms of possibility that we could come up with a new record of a dormouse. It would

certainly be a boost for Leicestershire & Rutland’s bio-diversity credentials.”

The mouse sized animal is one of our prettiest wild animals; it possesses a coat of golden or light sandy brown fur that extends on to its tail. This is unlike other mice that have naked tails with just a few hairs. The dormouse spends all its waking hours (it is only active at night), clambering about in trees, hedgerows, scrub and woodlands, rarely coming to the ground.

The only time it does come to the ground is to sleep; it hibernates between October and March.

Dormice are harmless and an important indicator that local woodlands and hedgerows are of high value for other wildlife as they require plenty of different shrubs and trees as well as dense cover.

Anyone who would like to report a dormouse sighting or would like a survey information pack can contact the Dormouse Project on: 0116 2671950 or e-mail wildlife@leics.gov.uk

Blithe Spirit

The theatre came to Diseworth in May and this was theatre with style; two performances of Noel Coward's *Blithe Spirit* by the Charnwood Community Theatre. I took my seat, confident that I was about to be entertained & I was not disappointed.

Successful novelist Charles Condomine and his second wife Ruth have invited the local medium, Madame Arcati, to conduct an after dinner séance as research for his latest book. Unfortunately the séance doesn't go quite to plan when the spirit of his first wife Elvira returns from the grave and so the fun began.

The curtains opened on to their comfortable living room as Edith the maid, brilliantly portrayed by Kym Godfrey, entered the room at the run carrying a tray of glasses. Clumsy and awkward, Edith came close to calamity many times throughout the play. Sheila Sly was superb as Mrs. Condomine, playing this rather overbearing character with confidence and authority.



Sheila Sly as Ruth with Julie Doyle as Madame Arcati

Julie Doyle was outstanding as the dotty Madame Arcati. Her exuberant chanting during the séance and her flamboyant gestures carried us all along in the 'spirit' of the play. Her astonishment that she had conjured up the ghost of Elvira was a delight to watch and her character became increasingly eccentric as she attempted to discover not only how she had achieved this, but how she could reverse the situation.

Ady Bryan as Charles was the self assured author whose life was thrown into total disarray when the spirit of his late wife appeared, especially as she was only visible to him. Sarah Cox as the ghostly Elvira brought a wonderfully ethereal quality to her role as she floated across the stage in various shades of grey chiffon, thoroughly enjoying the trouble she was causing between husband and wife. Their three-way banter was hilarious and very skilfully acted as Charles implored his



The séance. From left, Madame Arcati, Charles, Edith, Ruth and Doctor Bradman

former wife to be quiet and Ruth believed he was addressing her. Thinking that her husband was insane, it was only when Elvira began to move objects and throw flowers to the floor that she became increasingly anxious and jealous, realising that this spectre still had a hold on her husband.

The battle between Ruth and Elvira for their husband came to a head when Elvira, in the hope of persuading Charles to drive her into town, and then return with him to the 'other side', sabotaged his car. Unfortunately Ruth had taken the car herself and Elvira's panic was evident as she realised that it was her successor, not Charles, who would die. The subsequent ghostly presence of both his wives in the living room was a joy to watch.

Dennis Hull as Doctor Bradman and Emma Peters as his long suffering wife had supporting roles in this witty and fast moving play. The Noel Coward brand of rapid dialogue is not easy to reproduce but the CCT were spot on in their performance. I loved every minute of it and the final applause was richly deserved.

Their next production will be the pantomime Cinderella in January 2010.

**For more information about the Charnwood Community Theatre and to see photos of previous performances, visit their website:
www.freewebs.com/ctheatre**

Sue Brompton

Diseworth School News

Class 3's Trip to Wicked Whitby

by Harriet Jarrom, Katie McGough, Zac Lucas, and Taegan Frazer.

Last month Class 3 went on a four-day trip to Whitby.

On the first day we climbed up 199 steps to Whitby Abbey and had a picnic lunch.

The next day we visited Scarborough Castle. We found a secret door, and planned how to stop an invasion. In the afternoon we went to the sea life centre and saw sharks, turtles, jellyfish and even penguins.

On Thursday we went to 'Eden Camp' and learnt about World War 2. Later on we went on an open top bus tour around Whitby. In the evenings we played games, paddled in the sea, made sand castles and went fossil hunting.

On the way home we stopped and walked all the way over the Humber Bridge, it took 37 minutes!



Enjoying the visit to Scarborough Castle

Class 1 *by Robert Dowsett, Jamie Smith and Verity Marshall.*

For our class trip we went to Crich Tramway Museum. We saw lots of old trams and a moving bridge. After our packed lunch we went to the playground. There was a giant ant to climb on. In the afternoon we had a ride on a tram. We gave the conductor 'old fashioned' money and he gave us our tickets. We had a great day.

This month we are learning about bugs and small things. We have got a wormery in our classroom.

Class 2 *by Mair Bunyan, Jasmine Dunkin and George Graham.*

In Science we have been learning about growing plants and have planted giant sunflowers. We dug up different soil samples and looked at rocks and worms.

In Geography we've been learning about journeys. We walked around our village and made a map of Diseworth. Do you know where Clappers Bridge is? We do!

In our French lessons we've learnt lots of words about clothes.

We are having a surprise trip soon and will report on it another month.

DISEWORTH SCHOOL



Summer Fête



*Saturday 27th June
2 pm
at Diseworth School*

BOUNCY CASTLE



STALLS RAFFLE

REFRESHMENTS

FANCY DRESS

Diseworth Open Flower Show

This year's Flower Show is on
Saturday, September 12th

The Flower Arrangement classes include the usual popular **Petite Arrangement** – no more than 25cm (9 inches) in any dimension. There is also a floral arrangement incorporating Fruit or Vegetables (or both if you wish) – of any size. We hope that Iris will be able to put on a flower arranging demonstration in the week before the Show, hosted by the Women's Group, but open to all.



The third arrangement involves something rather different, and somewhat challenging the creation of a **Tussie-Mussie**. This is a mediaeval nosegay, composed of concentric rows of herbs, scented flowers and attractive foliage around a central feature flower such as a rosebud. The stems are tightly bound round with ribbon or other fancy twine so that it can easily be carried around. The original idea was to counteract the unpleasant smells all too often encountered in mediaeval streets and to ward off infections. Nowadays they are often given to convalescents as a sort of portable aromatherapy. We have set a maximum diameter of 6 inches (15 cm), but they need not be this big.

The Children's flower arrangement **Class 67**, this year again uses a small glass vase, which should be about 10 – 12 cm (4 in) high and not too wide. If you want to enter this class, but have no vase, **we have a stock of suitable vases which you can borrow.** Contact Pat Guy (811119) in the week before the Show.

The classes for **both Children and Adults involving the production of a home-made Greetings Card** are repeated. It can be a Birthday, Get Well, Special Anniversary, Christmas or whatever occasion you like. This year, the **Computer- based class for Children**, involves the creation of a work of art with a "Fun in the Snow" theme.

We have one brand new class this year which we have called **New From Old**. The idea is to create a Toy, of any sort, from re-cycled materials. You might think of it as a Non-Vegetable Monster, or you could knit or sew a 'doll' from re-used wool or fabric. Working models composed of all sorts of cast-off items could be made, or board games using a collage technique. We await the fruits of your inspiration.

All the other usual Children's classes are there. This year the theme of the painting class for the youngest children is a finger painting of **My Favourite Animal**. For those aged

5 and over, the theme is **In the Garden** and any medium – paint, crayons, chalk or ink pens can be used. The cookery class involves the creation of **3 Gingerbread People** and the **Vegetable Monster** is back.



The Photography classes are again ‘any size’. You can still enter up to 5 items in each class. Prints may be framed or unframed. This year we have an extra class and the topics are **Spectacular Snow, Reflections, A Wildlife Close-up and Skylines**. This last we subtitled “Roof-top shots” and we hope allows for a wide range of interpretations. The person who suggested it was inspired by the interesting range of roof lines seen around the village when looking skywards. We decided though, not to restrict it to Diseworth as the opportunities both around the British Isles and abroad should provide us with some really spectacular entries. The subject of the **Wildlife close-up** can be anything you choose – animal, plant, insect, or just a part of one of them.

The “Home Made Produce” classes are very similar to last year, with just the change to the **‘Diseworth Men Only’** class, Class 40 – **6 Shortbread Pieces** – this year. They may be any shape – fingers or traditional petticoat tails are equally acceptable.

There are no changes to the “Fruit and Vegetable” classes. The ‘old fashioned’ cold winter resulted in a wonderful display of blossom on all the fruit trees this year so we are hoping for some bumper crops and some really good entries. Also – why not try the **Model Garden (Adult)** class – No.60!

Pat Guy

Sunflowers

Sunflower seeds will have been distributed in school by now. If you have not had yours, do please get in touch with Pat Guy as soon as possible. It is a bit late but given nice weather they will soon catch up.



It is hoped that **Sunflower Measuring** will take place on the afternoon of **Friday, September 4th** - starting at 2pm. If you have a plant to be measured - please let Pat Guy know before 12.00 Noon that day. Ring 811119 or pop a note into 51 The Woodcroft with your name, address and a tel. no. (Please check the September *Dialogue* to make sure no change has had to be made.)

Dear Editor,

I was surprised after Dave Adcock's plea in the April Dialogue for more support for the village hall, that only 7 people came to the Table Top and Car Boot Sale organised by Anna Groves to raise money for new gates.

This event was advertised in the Dialogue and neighbouring villages from where most of the support came.

The Village Hall is an important part of village life. So please don't let it be another amenity the village will lose.



Dear Dialogue

How very fortunate we are in Diseworth. We have the Charnwood Theatre Company providing us with superb drama and pantomime, and now a recital in the Church by Peggy Tudor and Rachel Canny.



Our lovely Parish Church was the perfect setting as Peggy played Bach. This was followed by more 'cello music from Peggy accompanied by Rachel on the piano. It was the perfect end to a very nice day. Special mention to the team at the church who then provided drinks and cocktail refreshments.

Many thanks to the organisers, please can this be a regular event?

Nikki Hening



From: ken bryant
(mailto:gordon_contacts@yahoo.com)
Sent: 13 May 2009 22:07
To: diseworth village web site
Subject: benison spurrier

Looking to contact Benison Spurrier, one time owner of Lilly's Cottage. Is he still in the village? Reason, literary research on friends of his father.
K Bryant, Wiltshire

Keep Your Car Keys Safe

People have been warned to be vigilant after a spate of burglaries where car keys were taken in Leicestershire. Cars have been stolen from houses in the Ashby, Long Whatton, Donisthorpe and Castle Donington areas in recent weeks.

Officers have urged car owners to avoid leaving their keys close to windows, doors or letter boxes. Police have appealed for anyone who has any information on the thefts to contact them.

Retired Residents Spring Lunch

Many thanks to all those who attended the lunch and to those who worked so hard in the preparations.

We had a glorious spring day and as usual, our guests were all smartly dressed for summer. Perhaps the nicest part is when the meal is over and we see the retired residents sitting and chatting catching up with news and recalling memories.



The willing volunteers who work to make it flow, enjoy the event as much as the visitors. Special thanks to Ruth Smith for cooking vegetables, checking that plates and dishes are hot and for managing the kitchen. She is ably assisted by Sue Brompton while Norma looked after welcome drinks, set the tables and organised the gifts. Waiting at the tables were Norma, Pat Guy and Peggy Tudor. Martin as usual carved and served the meat. Crumbles were provided by Sue Brompton, Ruth Smith, Pat Guy and Martin Hening. Special thanks to Audrey Brooks who could not attend but gave a delicious apple pie. And many thanks to Long Whatton Post Office for providing the biscuits at a much reduced price.

With all the support the washing up was soon done, the helpers enjoyed cheese or meat baps, 'staff' were thanked and people slowly made their way home.

Another very enjoyable event with the Retired Residents. We will meet again for the talk on the Griswold Knitting Machine and the unveiling of the Retired Residents Bench in the Heritage Centre.

Nikki Hening

Interesting Signs

On a Plumber's truck:

'We repair what your husband fixed.'

On another Plumber's truck:

'Don't sleep with a drip. Call your plumber.'

At a Tyre Store

'Invite us to your next blowout.'

On an Electrician's truck:

'Let us remove your shorts.'

On a Maternity Room door:

'Push. Push. Push.'

At an Optometrist's Office:

'If you don't see what you're looking for, you've come to the right place.'

On a Taxidermist's window:

'We really know our stuff.'

At a Car Dealership:

'The best way to get back on your feet - miss a car payment.'

Outside a Car Exhaust Store:

'No appointment necessary. We hear you coming.'

Music News

Practical musical exams have taken place again at Castle Donington Community college on the 2nd April and once again students in Diseworth have done extremely well.

Georgia Hughes took her grade 1 clarinet, Bethan Henry grade 2 saxophone and Lucy Agar Grade 3 saxophone. All gaining a merit mark.

I would like to say thank you to Peggy Tudor for a very enjoyable cello recital on Saturday 25th April. It was a lovely relaxing ending to a beautiful spring day.

Peggy was accompanied by Rachel Canny on the piano and thereby hangs a tale.

The piano in church is on castors which in itself is not a problem. But when the castors are on a block of wood about 4 inches thick, it raises the height of the piano quite considerably. This meant that Rachel had her hand position far too high to play. She had come prepared with a thick cushion to put on the stool, but even this wasn't high enough. So, after looking around she settled on a kneeler that was also raised slightly by wood and this solved the problem, or so you would think.



Peggy Tudor playing her cello

When she sat on her raised seat her feet were now too high to play the pedals, so yet again she had to resort to the use of a kneeler – now the concert could begin! I know I have a funny sense of humour, but I did find it all very amusing.

Thank you both for an excellent evening and I hope we will have the pleasure of hearing you again soon.

Janet Moorhouse



Diseworth Village Hall



We Need Your Support!

As most will be aware this is how most of my articles for the village hall start. Well, not any more. Only joking of course ... we will always need your support in many ways. But it is with great cheer I can report and thank all those who attended the recent annual general meeting.

We had a 90% turnout of existing members and a few new faces. We had to sort out further chairs ... quite often three is sufficient. Seriously, it was a pleasant surprise to see that there is still an interest in maintaining and preserving the hall for the future.

The meeting began with the election of officers. Those already in office have kindly agreed to stand for a further year. However the chair and treasurer have indicated that they wish this next year to be their last. Therefore volunteers and nominations for these posts will be of interest next year.

The chairman reported a good year, with further improvements being made, especially the completion of the hard standing area. Finances were down just a little on last year, mostly due to the additional work carried on the hard standing and surrounding area. Also hall bookings were down slightly over the last financial year.

In other business it was reported that all repairs or improvements recently agreed were either complete or work in progress. In addition it was decided to look at replacing all doors for the UPVC type, this to be discussed further at the next meeting and the ultimate goal still remainingto extend the hall back to fall inline with the rear of the committee room.

Finally it remains to say that, as always, we would like to hear from anyone who is interested in joining the monthly drawn 200 Club to help bring in funds, and also to thank Alan and Joyce Leech and Andy and Erica Foxall for their kind donation from the recent charity auction. Also, don't forget that the hall still has slots available for hire either on a regular basis or for one off events.

Dave Adcock

Forgetter Be Forgotten



My forgetter's getting better,
But my rememberer is broke
To you that may seem funny
But, to me, that is no joke

For when I'm 'here' I'm wondering
If I really should be 'there'
And, when I try to think it through,
I haven't got a prayer!

Oft times I walk into a room,
Say 'what am I here for?'
I wrack my brain, but all in vain!
A zero, is my score.

At times I put something away
Where it is safe, but, Gee!
The person it is safest from
Is, generally, me!

When shopping I may see someone,
Say 'Hi' and have a chat,
Then, when the person walks away
I ask myself, 'who the hell was that?'

Yes, my forgetter's getting better
While my rememberer is broke,
And it's driving me plumb crazy
And that isn't any joke.

Anon

The Weatherman



I've joined the grey beards now,
The kind who grunt
"You young 'uns
You've seen nothing yet.
An inch of snow, a few nights' frost,
You'd think the country's grinding to a halt.
The trains run late,
The by-road all are blocked.
There's fears the Bankers will not get to Town
And where would we be then,
We ask ourselves?"



"1940. First year of the War.
I was nine, still at the village school.
We had real Winters then!
Real snow and frost, real cold.
Measured properly in Fahrenheit
Not in some foolish European scale.



Blue kneed, short trousered, chilblained eared,
But no suggestion that the school might close.
Just more coal poured into the Tortoise stove
Until it glowed dull red.
And we were taught how Scott
Had reached the Pole
And died on the return, without complaint.
A Briton to the last.
The Arrow froze and we made slides on it
Despite its' creaks and groans
A wonder no one drowned!"



"'47 and '63, I could go on
Or, '76 the year it snowed in June
Upon the new shorn sheep
And droughted then until October days,

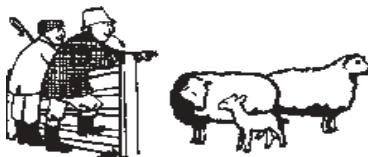


But I'll shut up I see you've gone to sleep".



David Griffiths

LONG WHATTON & DISEWORTH PARISH COUNCIL NEWS



The Annual Parish Meeting began as Long Whatton's affordable housing exhibition was winding up at the Community Centre. As well as the Chairman's Annual Report, this year there were two specific items on the agenda. Interest had been expressed in establishing an allotment area. The Parish Council would be supportive of the idea but this would depend on suitable land being found, having suitable access and facilities, as well as being accessible to people in both villages. Two residents of Long Whatton said they would investigate land availability in their village. Meanwhile the alternative nationally-promoted scheme to make use of neighbour's unwanted garden areas was suggested. The desire for a bus shelter at Hathern Road/Turvey Lane was also discussed. This was likely to be a costly exercise for the Council but various ideas would be considered. Aspects of maintenance of the existing bus shelters were also raised.

It was recalled that some topics had been discussed annually for 30 years or more - people who allowed their dogs to foul pavements and who dropped litter, as well as speeding traffic. They were discussed again. These days the recycling lorries are dropping litter as well!

The Parish Council was thanked for the work it has done in the past year.

The Annual meeting of the Parish Council followed. The first news came as a surprise to everyone - Chairman Martin Hening had decided that the time had come for him to retire from the Parish Council with effect

from the end of the meeting. Sadness at his going as well as thanks for all the work he has done for the Council and the Parish was expressed in accepting his resignation.

There is now a vacancy for a Councillor to represent Diseworth - information on Notice Boards and available from the Parish Clerk.

Police Community Support Officer Peri Richardson gave April's crime figures which showed a substantial rise including a number of thefts from cars, damaged cars, burglary, etc. in both villages. She was concerned that people are not sufficiently aware of potential crime and urged everyone to lock cars, secure homes and keep keys safe.

The current progress on establishing affordable housing in Diseworth had been delayed by land-ownership issues. This was being pursued but alternatives were also being investigated.

There was some uncertainty about future meeting venues with advocates for the several options. For the remainder of this year, those wishing to attend meetings are advised to keep an eye on notice boards or the Council's website.

The County Youth Service is offering a mobile facility to visit the villages; this is being followed up.

After being let down in a major way by a previous contractor, proposals for setting up

a regular maintenance regime for the three play areas had been investigated and were considered. There would be a small regular cost for inspection, minor maintenance and dealing with litter in addition to the usual need for one-off costs for more substantial work. It was decided that this was a necessary and worthwhile service to be provided by the Council and it was hoped to commence right away. Residents should see a marked difference.

On the vexed Diseworth 'airport parking' issue, there will be a meeting of the residents' group at 7pm prior to the June Council meeting. Cycle racing through Long Whatton is being raised with the Police again and concerns about speeding through Diseworth have been raised by a resident. It

was thought that the current Speedwatch campaign was having some positive effect. A succession of alternative proposals for developing hotel accommodation behind the Royal Oak have been made. The Council is expressing concerns about the potential for substantial additional traffic generation at all hours. There is to be a public hearing into the application for a hotel at Tea Kettle Hall; two Councillors will be attending the hearing.

It was noted that the development proposals at The Mill House, Mill Lane, Long Whatton had been approved but the Council's concerns about the effect on use of the footpath on the site had not been addressed. Further questions will be asked.

Douglas Maas, Parish Clerk

Dear residents,

As you will see from the Parish Clerk's report, I resigned as both Chair and Parish Councillor at the AGM in May.

I have greatly enjoyed my (almost) thirteen years on the Parish Council.

It is a challenging task, acting as a go-between between you, the residents, and those who actually take decisions – over planning, highways, and so on. The recurrent problems such as dog-fouling and parking, come back year after year, then major issues such as hotels and Formula 1, never mind runway extensions, all take time. I have tried in my 4 years as Chairman to listen and reflect views of those concerned. I think the Parish Council has become a more thoughtful and pro-active body during my time as a member. And our recent appointment of Doug Maas as Clerk, an experienced and wise Clerk, has been an enormous bonus.

I want to thank all those Councillors who have been so supportive over the years. A special thanks to those residents who have shown their gratitude for what we have achieved over the years I have been on the Council. Thank you to all who have helped to make my job easier.

Martin Hening



DIALOGUE DISPATCHES

If you have items for the JULY/AUGUST DOUBLE ISSUE of the *Dialogue* please give to a committee member or email to peggy.tudor@btinternet.com sue@cbrompton.fsnet.co.uk and ruth@airnig.co.uk There is **NO CHARGE** to put items into the magazine - (except the yellow pages). Please share with us your stories and announcements.

PLEASE MEET THE DEADLINE of the 7th JUNE

Derby Hospitals Accident and Emergency Department.

The A & E department at DRI on London Road has transferred to the Derby City Hospital.

Emergency patients must now go to the City Hospital



The Mobile Library visits Diseworth on the 12th and 26th June.
The Bowley 11.55 – 12.15
Clements Gate 12.20 – 1.20
The contact number for the mobile library is 0116 3053565

£150 for Rainbows

Many thanks to all who supported the Plant Sale and Coffee Morning for Rainbows Hospice held at the Heritage Centre. Thanks to the generosity of those who brought and bought plants £150 was raised. Special thanks to Pat & Jeff Guy who always manage to support village plants sales by conjuring up from their garden so many special perennials which are so popular.

News from The Plough Inn

The next General Knowledge Quiz is Wednesday 3rd June and the next Music Quiz is on Wednesday 17th June.

Extra copies of the Diseworth Dialogue will be on sale in both The Plough and The Bull & Swan and also in Long Whetton Post Office

Diseworth Millennium Meadow



The Millennium Meadow is available for use by all inhabitants of Diseworth and Long Whetton at any time. It is the perfect place for a quiet stroll, especially in an evening or very early in the morning. At this time of year most of the flowering plants in the Meadow are at their best and there are lots of insects of all kinds to be seen. Before long the grass will have to be cut and it will be much quieter for a while.

If you plan to have a picnic there, please do. Just let us know in advance if a large gathering is planned. Dogs are welcome in the Meadow provided they are under control and not allowed to foul the site. The small gate is always unlocked. Please ensure it is secured when you leave. Contact: Pat Guy 811119.

DIALOGUE DISPATCHES

Diseworth Village Hall 200 Club

The latest winners of the 200 Club are:-

March	April
1 st (166) H Adkin - £30	1 st (166) H Adkin - £30
2 nd (85) B Barnett - £20	2 nd (14) C Hurley - £20
3 rd (161) C Dewey - £10	3 rd (85) B Barnett - £10

Welcome to the Yellow

Pages to Michael Thrift,
telephone 01332 864360.
Offering a Lawn mowing
service with competitive
rates. One off jobs or on a regular
basis. 'Let us help you keep your garden
looking good for the summer'



Congratulations



to Steve and Steph at
Linthwaite Court on the birth
at Easter of their son, Jacob

A BIG THANK YOU to everyone who
contributed to the Diseworth Browine
and Guide Blue Bag collection. You
managed a good pile as usual.

FOR SALE

Gray-Nicolls shirt - Large - Originally
£24.00 - Now £20.00 - Never worn, labels
still on!

Mitre cricket trousers - Originally £19.00 -
Now £15.00 - Never worn, labels still on!

SPECIAL OFFER - BUY BOTH FOR
£30.00

Contact Rachael on 01332 810333

Cook required

for Saturday and Monday lunchtimes at The
Plough Inn, Diseworth
10.00am - 3.00pm

Preparing food, both hot and cold. Cleaning
duties as required.

Please contact Rachael on 01332 810333 for
details.



Car Boot Sale
Saturday 13th June
Diseworth Village Hall car park
12 - 4pm
Contact Anna Groves for more
information

Long Whatton Art Group Exhibition

Saturday June 6th 2009

10am - 4pm

Long Whatton Community
Centre

Have a go at painting and drawing
Materials and help
available

Tombola
Refreshments

Proceeds to local
Air Ambulance
Admission Free



WOMEN'S GROUP

Romania, before and after the Revolution

This was the topic of fellow member Brenda Walker's talk. Her association with Romania began in 1982 and after the death of her husband, she moved to live in Bucharest between 1997 and 2006. Having initially gone there to research for a Doctorate in Early Childhood Education, she chose to give up this idea and with the help of a Romanian in London, started translating the literature instead. Before the Revolution, under the Ceausescu Communist regime, life was difficult.

Brenda was always supposed to have a minder when she attended official events round the country, or else she was followed to check her friends and movements. The securitate (secret police) were everywhere and the ordinary person could not stand and talk to others on the streets, especially Westerners, unless they reported to the Police afterwards on what had been discussed. The authorities were afraid that they might be passing on information to spies or planning some kind of coup. Much to Brenda's amusement, she was thought to have been a spy! Ceausescu built grandiose buildings like the huge Palace of the Parliament, that contained large chandeliers in its over a thousand rooms. The people however were poor, ill fed and for them, there was not a light bulb to be found. To 'modernise' the capital, Bucharest, and so as not to obstruct his view from this Palace, Ceausescu demolished acres and acres of beautiful homes that had belonged to the intelligentsia. The people had no say in this and found themselves delegated to an unfinished block in a sea of mud on the outskirts of the city. Pets were not allowed and so many pedigree dogs were left to breed and go wild in the streets. If other home owners had a house or flat large enough to share, they were forced to do so. Ceausescu allocated so many square feet per person and often the man or woman sent to live in your house would be used as a spy for the Party.

Shops and the market were sparse. There was no coffee to be had in any cafe, and the few clothes shops there were sold only plain and dull-coloured dresses and coats, yet the tourists and some officials, had access to the luxurious and well stocked Dollar shops in the large hotels. Little traffic was to be seen as only officials had cars, and security guards in plain clothes or solders would be on duty on most street corners of the city day and night. There was no samizdat literature. Every typewriter was registered as was the print it produced. Ordinary people feared for their lives, telephones might be bugged and they could never be sure whether other family members or their best friends had signed up to Communism to secure better lives and therefore be compelled to report on them.

The revolt, which began in December 1989 in Timisoara and quickly escalated into monstrous bitter battles in the Capitol ended a week later with a quick trial

and the execution by firing squad of Nicolae and Elena Ceausescu. Only then, did Romanians start the long journey towards living a more normal life. Twenty years have passed and the government are still recruiting plain clothes secret police to keep an eye on certain people. The older generation in all areas of life, are still afraid to make decisions for fear of punishment, and find it hard to eradicate the need to lie in order to survive..

I thanked Brenda for sharing her story of a most unusual career move. She has gained many awards for publishing and translation, in 2002 she received the Romanian Writers' Union Grand Translation Prize.

AGM Revisited

The continuation of the Womens Group is assured.

We had enthusiastic offers of help, with organising and running the meetings and we're moving with the times. We will be keeping in contact with members by email as far as possible and becoming more flexible with a shared leadership of meetings, as attendance varies throughout the year.

We welcome new members, who will find that we are a very social group, who enjoy a wide range of activities and speakers. Subscriptions are being accepted now by our treasurer Diana Cherry. £15 for the year with subsidised events gives excellent value.

For instance –

NEXT MEETING
Monday 8th June
A SUMMER WALK

Please meet at the Village Hall at 7pm prompt.
Some cars needed.
Afterwards at Village Farm
for liquid refreshments and finger food –
free to members!
More information via email.



Sheila Dakin 810858 – sheiladakin@btinternet.com

HEALTH PAGE

Sight Saving Foods



Keeping our eyes healthy involves much more than regular check ups at the optician.

Nutrients such as Vitamin C, omega 3 oils and two important plant molecules, lutein and zeaxanthin, are crucial to eye health and may even improve the eyesight. Eating lots of fresh fruit and vegetables such as broccoli, cabbage, spinach, chard, peppers, apples and oranges should supply plenty of Vitamin C, which can help to reduce the risk of the leading eye diseases including macular degeneration, cataracts and glaucoma.

Eggs are particularly beneficial as the yolks are rich in the important eye pigments lutein and zeaxanthin that are used by the retina at the back of the eye for clear vision. Eating one egg a day will supply a good proportion of the eyes' need for these essential nutrients. Plums, peaches and nectarines are also good sources of lutein. Avoid peeling as the skins contain large amounts of antioxidants that help to protect the eyes from damage.

Dark berries such as blackberries and bilberries deserve a special mention as they are linked to an improvement in night vision. During the Second World War bilberries were eaten by pilots to sharpen their sight for night missions. Laboratory research has since discovered that both bilberries and blackberries are rich in anthocyanins that can slow or even prevent blindness caused by macular degeneration and cataracts.

Nuts and seeds are a rich source of Vitamin E which may help prevent cataracts and other forms of blindness, by protecting cells in the eyes from UV damage. Eat sprinkled on breakfast cereal or as a light snack.

Oily fish are a good source of omega 3 oils, which according to research done by the US National Eye Institute, lowers the risk of glaucoma and macular degeneration. Omega 3 may also help reduce the symptoms of dry eye syndrome, which can be a complication of laser eye surgery. In a study by the American Journal of Clinical Nutrition it was found that when a group of patients ate five servings of tuna a week, their symptoms reduced by 68%. Other oily fish include mackerel, salmon and sardines.



Vegetarians can obtain their omega 3 needs from cold pressed oils such as rapeseed, olive and flaxseed.

Liz Jarrom



Diseworth Heritage Trust Partnership with Shepshed Building Society

This is to announce and explain the chance everyone has to give financial support to Diseworth Heritage Centre at absolutely no cost to yourselves.

We have opened an Affiliation Account with the Society, through which any savings or investment account with the Society can be nominated by the investor, as a result of which a calculation of the average annual balance will get a donation of 0.5% of those balances to the Trust. This may not sound a lot, but the cheque presented last month for the first two years of the account was for £636.63, from just a few accounts so far nominated.

This sum is in addition to your own interest on your accounts – your own income is not affected in any way. Moreover no-one except yourself (and the staff involved at the Society) will know what your investments are or even that you have nominated Diseworth Heritage Trust. The Trustees will not know who has joined in – we will just get an annual cheque.

All you have to do is, next time you're in one of their offices, ask for your investments to be nominated for the Diseworth Heritage Trust Affiliation Account. Your record will be marked and the system will continue as long as you wish.

You can imagine that this will have a wonderful impact on our running costs. Please consider it most seriously if you already have any accounts with the



Society; and if you're thinking of savings – for yourselves, your children or grandchildren – look at what Shepshed BS has got to offer.

Any questions? You can phone Karen Freer, the Investment Manager at Shepshed BS for reassurance or clarification.

Karen Freer from Shepshed Building Society presenting a cheque to Treasurer Peter Miller and Trustees Tony Griffin, Geoff Smith, Martin Hening and Malcolm Mitchell

Martin Hening

Long Whatton Village Show

Produce, Art & Crafts Competition

Sunday 30th August 2009

ADULT CLASSES

SECTION 1: HOME MADE PRODUCE (competing for '*The Gladys & Banner Zanotti*' Trophy)

1. A Blackberry & Apple Pie
2. 4 Chocolate Brownies
3. A Fruit Cake (**competing for '*The Philip Marshall*' Trophy**)
4. A Bottle of Homemade Wine
5. A Jar of Summer Fruit Jam

SECTION 2: FRUIT & VEGETABLES (competing for '*The John Payter*' Trophy)

6. 4 Tomatoes
7. 1 Lettuce
8. 4 Runner Beans
9. 4 Potatoes
10. 3 Courgettes

SECTION 3: ART (competing for '*The Silvia Bowyer*' Trophy)

11. A Bridge
12. A Landscape
13. The Sea
14. A Person or People
15. Long Whatton

SECTION 4: PHOTOGRAPHY (competing for '*The Falcon Inn*' Trophy)

16. Wildlife
17. Buildings
18. 3 Photos on a Theme of Your Choice (labelled & mounted vertically on a card)
19. The Sky
20. A Person or People

Maximum size of each photograph **must not exceed 7 inches by 5 inches**.
Photographs may be mounted.

CHILDREN'S CLASSES

SECTION 5: PRIMARY 5-10 year olds (competing for '*The Long Whatton Village Store*' Trophy)

21. A Decorated Boot (competing for '*The Ian Freestone*' Trophy)
22. A Painting of an Animal
23. 3 Fairy Cakes
24. A Vegetable Monster

SECTION 6: SENIOR 11-16 year olds (competing for '*The Cawdell*' Trophy)

25. A Design for a CD Cover (can use computer) (competing for '*The Susan Cooke*' Trophy)
26. A Greetings Card
27. 3 Shortbread
28. A Photograph of Your Friends

SECTION 7: PRE-SCHOOL (special prize)

29. A Finger Painting

SECTION 8: ANY AGE (competing for 2 x *The Sunflower Shield*)

30. Tallest Sunflower (grown from seed in a pot)
31. Tallest Sunflower (grown from seed in the garden)

All competitors for class 31 should email villageshow@yahoo.co.uk by Saturday 22nd August with name, address and telephone number to allow measurement of sunflowers by Village Show Officials prior to the Show.

'The Manor Farm' Trophy will be awarded for the Local Exhibitor in classes 1 – 20 scoring the highest number of points overall. **'The Wardle' Trophy** will be awarded to the Local Exhibitor in the children's classes 21 – 29 scoring the highest number of points overall.

'The Long Whatton Community Association Guest' Trophy will be awarded for the Guest Exhibitor with the most number of points in classes 1 – 20 & **'The Long Whatton Community Association Junior Guest' Trophy** for the Guest Exhibitor in the children's classes 21 – 29.

Full Rules and Registration requirements will be published shortly.



Regional Call Up for the *Destroyer*

It is back in February when we are getting ready for the Loughborough boxing show, but as so often in this country, the weather takes its toll and the boxing event is cancelled due to the snowy conditions. It is rescheduled for March, but there is no suitable fighter for the Destroyer.

Robert has been in training but is slightly ring rusty, when, on a Wednesday night in late March at his training location in the depths of Loughborough, comes the call for the following night. A fight is offered up to the Destroyer as a late replacement in Kettering. Not being one to turn down the challenge, the Destroyer accepts and on the Thursday night with less than 24 hours preparation, he takes to the ring.



The trade mark opening round follows with Robert not waiting to see what his opponent has. He targets the opponent with some crisp jabs followed by some telling body shots which has his opponent gasping for air and Robert catches the older fighter with a telling uppercut just before the bell.

The time in the corner sees the opponent gather himself and as he comes out, there is a different feel to his fighting with a more positive attitude. With Robert taking his foot off the gas, it lets the other fighter dominate the second round, although there are no telling punches and Robert seems to be saving himself for the third round. Both boxers sense a victory, Robert having the clearer and more effective combinations, while the other contestant appears more energetic but with less effect. The last seconds see Robert catch his opponent with a great combination, finishing with a crippling blow low to the stomach. The final bell

sounds and it is over to the judges. It is a split decision in favour of the home fighter. In disbelief, Robert vows to be back.

Training then begins and the Destroyer will not be caught out again!! Or will he?

Monday night in training, the Destroyer gets the call to fight in Leicester at the Jungle club. Without hesitation he accepts the bout and the fight is on! Thursday night comes and the Diseworthians are on the march to support the Destroyer.

Round one: The Destroyer is out at the opponent without mercy and it is evident that he means business, with a range of controlled direct punches to the head and the body. The first round ends and Robert is well on top.

The second round takes a similar pattern but the home fighter connects with a couple of looping right hands. Robert adjusts his defence and is on the attack again. He catches him with two consecutive upper cuts which rocks the opponent.

The final round: there is no let up this time and the Destroyer marches on and continues the offensive, only being caught on the odd occasion when the home fighter gets inside and tries to hold on. Robert manoeuvres the fighter round and continues the barrage, the bell sounds and the fight is over. With Robert looking the stronger of the two, the decision is unanimous in favour of the Destroyer. He also wins senior bout of the night for his performance . The big news then filters down to Robert that he has been selected to represent the Midlands area Boxing association in a representative encounter at Bristol on Monday night against the Western counties.

All the hard work has paid off and in only his 7th fight, the second in three days, he will be making his debut for the Midlands - a credit indeed to a young man, his dedication to training and the lifestyle that goes with the sport.

Three days to prepare: the right food, no drink, no late nights. (What does Ricky Hatton do? I know, a full English breakfast! But no, the Destroyer decides on the healthy option.)

Monday arrives and there is excitement all round. On the road at three and off to Bristol. The Grand Thistle Hotel awaits with several hundred black-tie spectators at their tables awaiting Western Counties ABA select V's Midland Counties ABA select. Robert is weighed in and is just under the 75 Kilos for Middle weight. His fight is the fourth of the night. The fighters are piped in and introduced to the crowd. The moment of truth arrives and the Destroyer enters the ring, slightly taller, but somewhat slimmer than his opponent and with a longer reach. In

Robert's corner are his coach and the Midlands team coach. The time keeper sounds the bell and the fight begins. Robert uses his jab to perfection to keep the bigger opponent away. A flurry of punches sees Robert on the offensive, working well to both the head and body.

The first round ends and Robert's coach asks the Midlands coach "Any tips?" The reply comes back; "Robert has just boxed the perfect round. Keep it the same"

Round 2: The opponent is on the attack. After a poor first round, he is well behind. Robert allows him inside his defence and is caught a few times but to no effect. Robert counters with the jab and connects with a telling right hook.

Round 3: Robert is well in front and at the beginning of the round Robert catches his opponent with the sweetest right. The crowd take a deep breath, Robert takes a step back waiting for the referee to give his opponent a standing 8 count, but instead he warns Robert for slapping. Robert is back on the attack but the round ends. Robert and his corner await the result and again a split decision; the winner by 2 points is the Western counties contestant. It is not a popular decision with the crowd or the Midlands team coach, but as they are all good sportsmen, the decision is accepted and the Midlands coach gives Robert the best result by saying that he is impressed with his boxing and attitude and that the Destroyer will be fighting again for the Midlands Team.

With two more fights before the season ends, and the final one being at the fight night to be held at the old Shelthorpe club in Loughborough on Friday 26th of June, (to be confirmed. Tickets will be £10) it can go down as a great first season and we can only hope for even better next season. Robert would like to thank all those who have wished him well and supported him, home and away, and no matter what anyone says, those cheers do make a difference!

Thank you!!

Mike Steven

Public Transport



The latest information for all your travelling needs may be obtained from **Traveline**, telephone **0871 200 22 33** (BT callers charged 10p per min plus 6p set-up fee per call. Mobile and other provider's charges vary.) or from the website **www.traveline.info**

Leicestershire County Council bus timetables and guides can be downloaded from: **www.leics.gov.uk/transport_downloads** or you can request a copy by calling the Passenger Transport Helpline on 0116 3058777.

Directory of Useful Numbers

BBC East Midlands	0115 955 0500 www.bbc.co.uk/england/eastmidlandstoday/
BBC Radio Derby	01332 361111
British Gas - Service	0645 605040
Gas Escape Emergency	0800 111999
Castle Donington Community College	01332 810528 postroom@castledonington.leics.sch.uk
Castle Donington Volunteer Bureau	01332 850526/850742 mail@cdvb.org.uk
Chemist, Gerald Porter, Castle Donington	01332 810213
Derby City General Hospital	01332 340131
accident & emergency	ext 87800
Derby City Children's Hospital	01332 340131
accident and emergency	ext 83277
Derby Playhouse	01332 363275 www.derbyplayhouse.co.uk
Derby Royal Infirmary	01332 347141
Diseworth C of E Primary School	01332 810208
Doctor's Surgery -	
Health Centre, Castle Donington	0844 477 3092
Orchard Surgery, Kegworth	01509 674919
East Midlands Airport	01332 852852 www.eastmidlandsairport.com
East Midlands Electricity emergencies	0800 056 8090
customer services	0800 363363
Environment Agency	0800 807060
Kinchbus	01509 815637 www.kinchbus.co.uk
Loughborough Hospital	01509 611600
Mobile Library	0116 3053565
NHS Direct	08 45 46 47 www.nhsdirect.nhs.uk
North West Leicester District Council	01530 454545 www.nwleics.gov.uk
Nottingham Concert Hall	0115 989 5555
Nottingham Playhouse	0115 941 9419
Nottingham Royal Centre	0115 989 5555 www.royalcentre-nottingham.co.uk
Police	0116 222 2222
Post Office - Long Whatton	01509 842264
Queens Medical Centre, Nottingham	0115 924 9924
Radio Trent	0115 952 7000
Reel Cinema Loughborough	01509 212261
Severn Trent Customer Service	08007 834444
Skylink	0115 9506070 www.skylink.co.uk
Traveline - for all public transport information	0871 200 22 33 www.traveline.org.uk

If you have any suggestions for useful numbers to be included in this directory, please let any committee member know. *It's your magazine!*

The Neighbourhood Watch beat officer for Diseworth is Jason Underwood No. 1760. He can be contacted on 0116 248 5675 and then entering his number 1760.

Village Directory

Organisation	Contact Person	Telephone No
Book Worms	Sandie Moores	01332 812629
Brownies	Jane Lindley	01332 810796
Diseworth Village Hall	Dave Adcock	01332 850337
Flower Show	Pat Guy	01332 811119
Friends of Diseworth School	Meryl Tait	01332 812952
Guides	Sandie Clark	01332 814939
Heritage Centre	Martin Hening	01332 853647
History Society	Pat Guy	01332 811119
Millennium Meadow	Pat Guy	01332 811119
Neighbourhood Watch	Noel McGough	01332 811362
Scouts & Cubs	Jenny Buckle	01509 842593
Soar Valley Twinning Assoc.	Sheila Hawksworth	01509 568793
W.I.N.G.S.	Erica & Andy Foxall	01332 811689
Womens' Discussion Group	Liz Jarrom	01332 810358
Womens' Group	Sheila Dakin	01332 810858

Diseworth Village Hall

If you would like to book the village hall please contact Dave Adcock.
He will make arrangements for the provision of keys at the appropriate time.
9 Page Lane, Diseworth. 01332 850337

NEIGHBOURHOOD WATCH CONTACTS

CO-ORDINATORS:

Noel McGough, 28 Lady Gate. 811362
Barry Smith, 18 Hall Gate. 812600
Sandie Moores, contact person for Lady Gate. 812629
Victoria Britton contact person for Clements Gate. 850184

YOUR LOCAL PARISH COUNCIL

The role of your Parish Council includes safeguarding the amenities of the village, including highways, lighting, drainage, road signs and planning matters. Current planning matters are available for inspection by arrangement with the **Parish Clerk:**

Douglas Maas, 86 Forest Road, Markfield LE67 9UN. Tel: 01530 242534.

Email: longwhatdisepc@hotmail.com.

Please visit the website at www.longwhattondiseworth.org.uk

If you wish to discuss any matters of concern, please contact your Parish Councillors:

Sue Roberts,	Chapel Farm, Hall Gate, Diseworth DE74 2QJ	01332 810813
Derek Wiggins,	Bull & Swan, Grimes Gate, DE74 2QD	01332 853960
Andrew Cawdell,	58 The Green, Long Whatton LE12 5DB	01509 843273
Michael Downs,	12 Barnfield Close, Long Whatton LE12 5BZ	
Thomas Wilkins,	1 Hathern Road, Long Whatton LE12 5DD	07971 730499
Simon Adcock,	9 Page Lane, Diseworth DE74 2QP	01332 850337

Parish Council meetings are held at 7.30pm on the first Thursday of each month, alternately at Diseworth and Long Whatton. Please see the Notice Boards or ask the Parish Clerk for current information or to make general enquiries about the Parish Council.